

Spirit Wheel Questionnaire

Complete the questions with as little or much detail as you wish, all information is strictly private and confidential.

BASIC INFORMATION

Name (full names and surname as given at birth):

Name (used often, if different from above):

Date of birth (Day / Month / Year):

Place of birth:

Time of birth:

Relationship Status:

Partner full name and birthday (If applicable and optional):

Children (if so, please provide their full names and birthdates if you wish):

Current Career / Job etc. Description:

Your religious affiliation (if any):

PERSONAL

Your Favourite Colours (or colours you like to wear or that you see in your home):

Your Favourite Flower (or plant or herb):

Your Favourite Number/s:

Do you have a special object, emblem or amulet with significance to you?
What and Why?

Favourite / Special Place or Scene (eg. Ocean, river, mountains, forest):

Favourite Type of Gem:

HEALING

Do you currently have need for any physical healing? (including any addictions, illness or past injury) Please describe:

Do you currently have need for any emotional healing? Please describe:

Do you currently have need for any mental healing? (such as thought patterns, habits etc.) Please describe:

Do you currently have need for any special protection? Please describe:

Is there anything specific you would want to change about your life right now if you could?

VALUES

Which qualities do you value in yourself?

What qualities do you value in others?

What qualities do you not like in others?

What is most important to you and why?

Which predominant emotion/s do you currently see in your life?

What challenges do you experience in your life (what makes you feel uncomfortable):

What makes you feel good / happy?

LIFE PURPOSE

What are you naturally good at / gifted at?

What do people usually come to you for?

What did you want to do when you were young?

What is the most significant experience/s or moment/s in your life to date? What and Why?

Are you currently doing what you love or are you working for the money?

Can you imagine yourself doing something different than what you are currently doing?
What?

What do you want to experience in your lifetime?

What do you want to learn in this lifetime?

CREATING YOUR LIFE WITH INTENTION

What are you grateful for in your life? (please provide at least 8 things)

What would you like more of in your life? What and Why? (please provide at least 8 things)

Do you agree to spend at least a minute every day, when possible, looking at and/or silently contemplating your spirit wheel?

Thank you. Please return the completed questionnaire to nathaliestrassburg@bydelight.com